

Project Name

**Arctic Winds Healing Winds (AWHW)**

Sponsoring Agency

None at present.  
AWHW has applied to become a 501c3 (non-profit) organization.

Director Name

Elsie Boudreau (Yup'ik) L.M.S.W.

Geographic Area

Statewide

Contact Information

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Program Description

Arctic Winds Healing Winds (AWHW) is in its formative stages. It plans to incorporate Alaska Native values and practices into a model called the "Leadership Capacity Development Program for Transitional Change." The original Leadership Capacity Development Program for Transitional Change was designed by the United Nations Development Program and Teleos Leadership Institute for use in economically disadvantaged nations. Like the original model, AWHW believes strong leadership is a key requirement in addressing issues that require substantial change, and that leaders need to come from all levels of society. The program uses small and large groups, and focuses on personal growth for leaders and community change agents and on developing community action learning projects. "Like our Elders have said, 'leaders were chosen because their minds were accurate or intelligent and they had good intentions and encouraged people to lead good and peaceful lives' (Frank Andrew)."

In addition to leadership training, AWHW proposes to develop a "video quilt" to document people's experiences with and how they healed from historical trauma, including boarding schools, intergenerational trauma and other historical events. This video quilt will be a testament to the strength and resilience of Alaska Native people, holding truths that must never be forgotten. It will be a tool for healing and helping young people to understand where they came from. AWHW also plans to work with villages throughout Alaska to create monuments that acknowledge historical trauma, facilitate conversations about past wrongs and identify ways to create safe, peaceful and protective communities for our children. These monuments will honor communities willing and able to enter into this difficult community dialog.

Brief History

Arctic Winds Healing Winds grew primarily from the vision of its president, Elsie Boudreau, herself a survivor of and presenter on child sexual abuse. She is a graduate of the Teleos Institute leadership training program. In March 2014 AWHW held a meeting for those invited to be founding members. A 3-day leadership training with staff from the Teleos Institutes, is scheduled for August 2014 for founding members and those change agents and leaders invited by founding members This will be the first of three 3-day trainings for this group.

Program Goals

The overall goal of AHW is to strengthen communities by bringing healing from historical trauma through culturally relevant services and activities that are created from within Alaskan communities with the help of AHW trained change agents and leaders.

### Training Goals

AHW will use the Teleos Leadership training program as a model. Its goals include developing leadership capacity in those leaders who are knowledgeable about the issue(s) to be addressed. For AHW the issue is healing for individuals, families and communities from historical intergenerational trauma. These trained leaders will be able to inspire others with hope, commitment and sustained action. They will be able to form effective partnerships and coalitions. They will feel empowered and be able to create that feeling in individuals and organizations, and generate movement toward achieving stated outcomes and goals.

### Who is trained?

The initial training will be for "key change agents and community influencers" identified by the founders group to create a cadre of trainers and leaders who can promote the program.

### Who are the trainers?

The initial training will be facilitated by faculty from the Teleos Institute. Once there is a cadre of trained local trainers, the training will be conducted by local trainers.

### Where does training take place?

The initial training will take place in the Anchorage area for up to 150 people. Subsequent trainings will take place where the community involved in the training has the best access.

### How long is the training?

The Leadership Capacity Development Program for Transitional Change is for three 3-day sessions spaced over 9 months with community work in-between sessions 1 and 2 focusing on clarifying community problems, identifying solutions and applying these solutions in a community action project. Those solutions will come from within communities.

### What does the training include?

The training is multi focused: personal growth, leadership development and action learning projects for the community. Learning takes place in large and small groups using emotional intelligence, Alaska Native values/teachings and personal growth opportunities.

### What follow-up is available after the training?

Following the program, leaders can get support from AHW through supported community conversations, continued learning modules on leadership, healing or community action learning. Leaders from the community can become trainers and support other communities.

### What does the training cost

Costs to participants will include travel, accommodations, registration and materials. The amount of these costs is undetermined at this time.

The cost for the two facilitators is \$54,000 for the nine month program, plus travel. Initially travel will be more expensive because faculty come from out-of-state, (Teleos Institute). This cost will decrease over time, as Alaskans become trainers.

Has the program been evaluated?

Arctic Winds Healing Winds is just starting, so there is no evaluation of it's training. Yet, the Teleos leadership institute model that AWHW is using was evaluated for a project in Cambodia. The Cambodia project was a 3-year large scale leadership initiative to strengthen the country's response to HIV/AIDS. It was judged to be one of the most successful leadership development programs run through the United Nations Development Program by an independent research team. Source: Development Works (2005) *Evaluation of the Leadership Development Programm in Cambodia*. Prepared for UNDP. devworks@global.co.za

Future Plans

AWHW will work with communities throughout Alaska who are interested in creating monuments and contributing to the video quilt.

Program Funding Source

Will apply for grants in the future.

Trainer Qualifications

Teleos Institute will provide advanced degree professional faculty for the initial training. Elsie Boudreau is a licensed social worker who provides training on historical trauma and child sexual abuse.